

Verb	Meaning	Example
stand up	To rise from a sitting position	The whole stadium stood up for the national anthem.
stick up for	To defend	My big brother always stuck up for me when I got into a fight.
take after	To resemble, in appearance or character	Angie really takes after her grandmother.
take care of	To look after	Please take care of my cat when I'm away.
take off	To leave the ground	The plane will take off as soon as the fog lifts.
take on	To hire or engage staff	I hear they're taking on extra staff for this event.
take out	To remove; extract	Please take out your mobile phones and turn them off.
tell off	To reprimand/criticize severely	The coach told her off for not trying hard enough.
think over	To consider	Take your time and think it over before you decide.
try on	To wear something to see if it suits or fits	Go ahead, try it on and see if it fits?
turn down	To refuse	I asked her out but she turned me down flat.
use up	To finish a product (so that there's none left)	Your parents used up all the coffee!
watch out	To be careful	Watch out! There's a dog in the road.
wear out	<ol style="list-style-type: none"> To become unusable To become very tired 	<ol style="list-style-type: none"> Julie wore out her shoes running the marathons. Julie was worn out after all that running.
work out	<ol style="list-style-type: none"> To do physical exercise To find a solution or calculate something 	<ol style="list-style-type: none"> You should work out twice a week at the gym. Can you work this out? I'm no good at math.
wipe off	To clean (board, table).	I'll wash up if you wipe off the table.